

# CMRS - 2025

## OUR VISION

*Rooted in Gospel Values A Transforming Collective Force To Effect A Healed, Reconciled, Humanized, Integrated Sri Lanka*

## OUR MISSION

### *Transforming Ourselves*

Challenged by the divisive forces at work within us and in society, we engage in a process of healing, reconciling and trust- building among us and thus become a sign of communion.

### *Catalysts of Transformation*

Aware of trends, challenges and contexts in the country, we mobilize our resources at community, neighborhood, institutional, parish and inter-congregational levels for bridge-building activities and effect positive attitudinal changes, building trust and communion.

We uphold the dignity of every human person and take courageous actions against injustice.

## ACTION PLAN

### I. TREANSMISSION

Action	When	Who
1. Deepening the understanding of the Vision and Mission and owning it.	AGM 2011	Ex co – Sr. Rose Fernando, FMM
2. Sharing with the CBCSL	Live-In – December 2011	Ex Co
3. Writing a letter which will be sent from CMRS to all Religious Communities informing and sharing the Vision Mission Statement and the Action Plan	Before December 31, 2011	President Ex Co ( Fr. Sunil)
4. A Session to be organized for the Major Superiors along with their Council members to enlighten about the CMRS Vision, Mission and Action Plan and inviting them to focus on this theme in their days of prayer, recollection etc - Colombo , Kandy, Vavuniya	First quarter 2012	Ex co Transmission Team CRF, JPIC
5. The CRF and JPIC members need to assimilate the CMRS vision - mission concepts and in order to share them in all their formation programs including the Sister Formation Programme.	During the First CRF and JPIC Meeting	Ex Co Chairperson of CRF and JPIC Transmission Team

6. The Team for the Transmission of the CMRS Vision Mission will visit the regions explaining the process to all the religious (introducing the establishment of Regional units).	Before June 2012	Transmission Team
7. An evaluation of the Action Plan to be done at the CMRS Live – In and the report to be sent to all the communities.	in June 2012 – During the Live-in	Ex Co Transmission Team RRU
8. All formation programmes of 2012 and 2013 to focus on the Vision Mission	2012, 2013	CRF
9. A CMRS Bulletin to be circulated island wide	Twice a year.	Ex Co Editorial Board
10. Centre of Religious Formation – to carry on the vision of CMRS	2012 - 2013	CMRS Ex Co

## **II. FORMING REGIONAL RELIGIOUS UNITS**

### **Suggested Units:**

In Colombo (3 regions of Colombo archdiocese), Kandy 2 (Kandy/Mattale, Nuwara eliya) One each in Jaffna, Galle, Batticaloa, Trincomalee, Chilaw, Badulla, Mannar, Auradhapura, Kurunegala, Ratnapura

\*Note: study the presence of Religious in Colombo

### Each Unit

- Becomes a Collective Force in the Region
- Putting into Action the Vision Mission of CMRS
- Collaborating with the Vision of the particular Diocese
- Living our Prophetic Role as Religious
- Strengthening one's identity – Charism and Spirituality

### **Structure of Each Unit**

Membership for all members in the region

Each Unit elects the President, Secretary, Treasurer and Executive committee – one of the Ex Co members present during the elections.

Conduct Meetings – 4 each year (Community leaders – Superiors meet twice a year and All Religious meet twice a year)

Last meeting of the year is the AGM and invite the bishop

Executive committee meets before the meetings.

Each community will contribute a fixed amount as membership fee. Ex Co will fix the amount

Presidents of each unit will participate in the June Live In of the CMRS.

**Initiating Of Units** - A Team of Major Superiors will be present at each inauguration of a unit. When- June to December? Who will go?

Major superiors will inform their communities about RRU

Each Unit can have – Training programmes, Formation programmes, exposure, JPIC, recollections, gatherings

### **III. STEPS TO BE TAKEN** **FOR CMRS TO BECOME A COLLECTIVE FORCE**

<b>ACTION</b>	<b>WHEN</b>	<b>WHO</b>
1. Full participation of every member in every Meetings and activities of CMRS	Fixed dates	All Major Superiors President CMRS
2. Giving an Orientation to the New Major Superiors	In June	Secretary, President, Committee chairmen
3. Creating space for solidarity- welcoming spirit	always	All Major Superiors
4. Each Congregation Sharing their resources and expertise. - personnel	List before 1 <sup>st</sup> Qtly meeting	Secretary/ Major Superiors
5. Holding the Ex-Co Meetings in different places making it an opportunity to meet all Religious living in these regions. Meet the Ex Co RRU	4 times a year	Ex Co

### **IV. HEALING AND RECONCILIATION**

<b>ACTION</b>	<b>WHEN</b>	<b>WHO</b>
1. CMRS members begin healing and reconciliation among themselves through a process oriented programme, with the help of a competent person to animate when needed.	1 <sup>st</sup> Quarterly Meeting in 2012 and time will be set apart for this at each meeting	- Plan by Ex co - All Major Superiors
2. Organizing work-shops for healing and reconciliation among all religious with the help of Regional Religious Units. (RRU)	According to the plan of RRU	- Ex CO - Ex CO of each RRU - Experts
3. Forming an Inter- Congregational Animation team to be available to conduct programmes to bring about transformation needed in our communities. ( 3 – 5 Experts : For CMRS, RRU)	- Team before June 2012 - At the invitation of Major Superiors	- Ex Co - Team - Major Superiors
4. Encouraging Congregations to organize days of recollection at the provincial/district/ regional levels. – Prepared format		- Ex Co - Major Superiors
5. Information regarding professional help for personal well-being being made available to all religious. – Centre = available for religious	Collection of Information before March 2012	- Secretary - Major Superiors

## V. SIGN OF COMMUNION

ACTION	WHEN	WHO
1. Encouraging all Religious Communities to reach out to the leaders of other religions living around our communities to witness our unity among religious groups. – knowing their names first, visit them during feasts, - Humble beginning – new foundations - Follow the Pope’s example for praying together with leaders of other religion		– Ex co – Major Superiors – Ex Co of RRUs
2. Establishing a Desk for Inter-Religious Dialogue within the CMRS - JPIC Committee. Networking for inter-religious harmony Prepare experts	Before September 2012	- Ex Co - JPIC Committee

## VI. HUMANIZING AND INTEGRATION

ACTION	WHEN	WHO
1. Encouraging the study of Sinhala/Tamil. Including Major Superiors	From now on	All
2. Strengthening the CMRS JPIC Committee by giving at least one member from each Congregation – 2 full time persons	Before March 2012	- Each Major Superior - Secretary JPIC
3. Creating different units for different needs in JPIC Committee e.g. Pro-life, Safe Migration, Safeguarding Rights of Women, Children, Differently able & Elderly. etc.	Before June 2012	- JPIC Com - President CMRS
4. Educating ourselves and others of the Rights of different categories of people whom we serve and formulating policies for the respective institutions.	- During Qtly meetings of CMRS - Plan a programme to invite all those involved - Qtrly meeting – full day	- Ex Co - JPIC Com
5. Setting up a unit for data collection, documentation and dissemination, regarding prevailing situations and events in the country. (Includes	Before June 2012	- JPIC Com - Ex Co

training)		
6. Creating a better net-working with other existing centres.	always	JPIC Com
7. Helping victims of human rights violations to get Legal advice.	always	JPIC Com
8. Making use of On-line Programmes on JPIC available like www.duq.edu/jpic	always	JPIC Com Each Major Superior
9. Requesting all our institutions to stand for justice along with our collaborators and organize conscientization programs when necessary.	always	JPIC Com
10. Encouraging communities and institutions to give just wages and provide facilities to all our domestic staff.	From Now on	Each Major Superior
11. Requesting all our communities to pray for true Justice and Peace to prevail in our land and to pray for the leaders of the country so that they may fulfill their responsibilities and obligations conscientiously. (The President, The Ministers, All Political leaders, and All Religious Leaders)	Always	JPIC Com All
12. Team of experts to advice	soon	Ex Co

## **VII. BRIDGE BUILDING ACTIVITIES**

<b>ACTION</b>	<b>WHEN</b>	<b>WHO</b>
1. Encouraging all Religious Communities to find opportunities to visit the neighbouring communities of other Congregations. – not only social gatherings , needed united actions	As often as possible	Major superiors RRUs Local Superiors
2. Communities to become Catalysts in bringing together people of different social, cultural and ethnic strata.	According to the plan	Major superiors RRUs Local Superiors
3. Make an effort to become a part of the activities of the Inter-Congregation Women's Desk.	Whenever there are programmes	CMRS Major superiors